



## Hauraki News

“Whaka tangata kia kaha”

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Official Newsletter of the 6th Battalion (Hauraki) Regimental Association Incorporated

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Website: [6haurakiassoc.org.nz](http://6haurakiassoc.org.nz)

<http://www.facebook.com/pages/6th-Hauraki-Association/230175227024470>

[tauranga.kete.net.nz/remembering War](http://tauranga.kete.net.nz/remembering-war)

**To review Hauraki News prior to 2008**

[http://tauranga.kete.net.nz/remembering\\_war/topics/show/1287](http://tauranga.kete.net.nz/remembering-war/topics/show/1287)

### President's Report

As your President, I on your behalf asked the Editor of the Hauraki News what has happened as the issues have not been coming out in time? He said he has trying his best and hope to and catch up. Even if some of items have to be shortened.

When I last wrote about the Dive Crescent Army Hall, it is **now the end**.

The 3 ANR Association has invited us to join in their events. It is our intention to co ordinate with 3ANR Association when ever we can.

It has been suggested the Hauraki News places a “where are they now” article. If you would like to find some one, drop me a line.

Your Committee has acquired another 50 Challenge Coins which are now on sale at \$35.00 each. Your committee has also found a new source for “Hauraki Port”. So “all is well”.

Kia Kaha

Des Anderson

### Hauraki Company

#### Aumangea 16/1 Experience

Lethargic, anxious and hungry are no doubt the three words I choose to describe my awareness throughout the five-week Aumangea programme which I completed late March 2016. Although this programme might sound unfamiliar to most in our unit, I make no mistake in saying that Aumangea was the toughest challenge I've endured in my Territorial Force Army career.

The five-week Aumangea programme was designed and first established in 2009 by former Chief of Army MAJ Gen Dave Gawn. The main focus; to push soldiers past their individual physical and mental limits at the same time build Resilience. The set environment of the programme ranges from wetlands to close-country to urban, each designed to train the individual specifically to adapt to the various environment the NZDF is involved in. Overall, Aumangea builds the spirit and belief of an individual so they may WIN regardless of the circumstances.

The programme consisted of five phases, all of which were designed by the facilitators to challenge each volunteer physically and mentally. Although I cannot specifically elaborate on the details of the phases, each had a unique way of challenging you even pushing you to your limits. The key to passing each phase (as part of the training) consisted of 3 steps: remain calm, pause, take a deep breath and from there continue. These steps along many other psychological tools shown to us by the facilitators very much enabled myself and others to push through each stage.

As a participant, Aumangea came with many of its challenges, however, food deprivation seemed to be the most difficult. It seemed easy at first but as one day lead to the other it became obvious that it was anything but. Another challenge that was faced was the uncertainty and not knowing what will happen when, how long it was going to take and where it was going be. The best way I managed to deal with this was keeping a positive mindset and always keeping spirits high. A unique way of doing this was writing up a list of meals you wish to devour and constantly adding to it when you came up with something new (anything to keep your mind occupied I guess).

If there is one thing I could take away with me after completing Aumangea, it is that preparing yourself mentally for any challenge is far more important than preparing yourself physically. Although we should always keep our bodies in top shape and fit, it will always be our thoughts and mental drive that get us across the line, regardless.

I encourage all Hauraki Company Soldiers who are seeking a challenge to take on Aumangea. Although I may not be specific on what happens on the Aumangea, I can tell you now that the programme will change the way you operate as a Soldier not just physically but most important mentally. It is an absolute privilege to be the first Soldier in the Hauraki Company to wear the Aumangea tab and I very much look forward to others doing the same.

**By PTE Viliami Taliauli - M1036575 3/6 RNZIR**





## An end of an era



The Army Hall being prepared for demolition – 8<sup>th</sup> December 2015







The Garrison Club & Officers Club as at 8<sup>th</sup> December 2015. Not due for demotion!

## Foodbank building demolished



21<sup>st</sup> December 2015





Now a carpark, taken from the road. Towards the port





The car park looking towards the “Officers Club and Garrison Club”.

2016

THE END OF THE ERA

Letters to the Editor
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Des

I am looking for some suitable gifts to give to our allied regiment friends in the U.K. (The Rifles and the RRF). As I am also going to the Warwickshire Regt Museum in Warwick [to research the 6 Hau regimental connection], I would like to make a presentation to the museum (a plaque I thought). Can you tell what the ‘best price’ for some plaques and challenges coins would be [to me] as I see these as likely gifts. We have presented several plaques over the years, so something different for the Regimental associations would be preferred – with the challenge coins going [maybe] to the C.O.’s via the Regt Assoc. I have attached an image of the plaques that I had made in 2007 fyi. What about a framed and captioned image of the museum with you and the committee included for



each of the Regtl Assoc's? "From the 6th (Hauraki) Battalion Regimental Association to the Rifles / RRF marking the continuing alliance between Battalions – May 2016." or some such wording could be the caption.

Give this some thought and let me know please...

Russell



## The Garrison & Museum



In the Bar







Committee members in the Museum February 2016



## OUR ASSOCIATED GROUPS



James Say  
Trust

### Willie Apiata VC to join us for NZETC Memorial dedication

We are pleased to announce that Cpl (Ret.) Willie Apiata VC has kindly agreed to join us for the Memorial dedication on Friday 22 January. We look forward to him being with us on what will be a very special day.



### Seminar details

Planning for the Tunnelling Company seminar at the Waihi Memorial RSA on Saturday 23 January is now complete and a range of interesting speakers has been confirmed. They include Dr. Chris Pugsley, Prof. Glyn Harper and film maker Ross Thomas as well as Isabelle Pilarowski from Arras, Yvon Davis from Victoria, and Isaac Solomona from the Cook Islands. Full details can be found on our website.

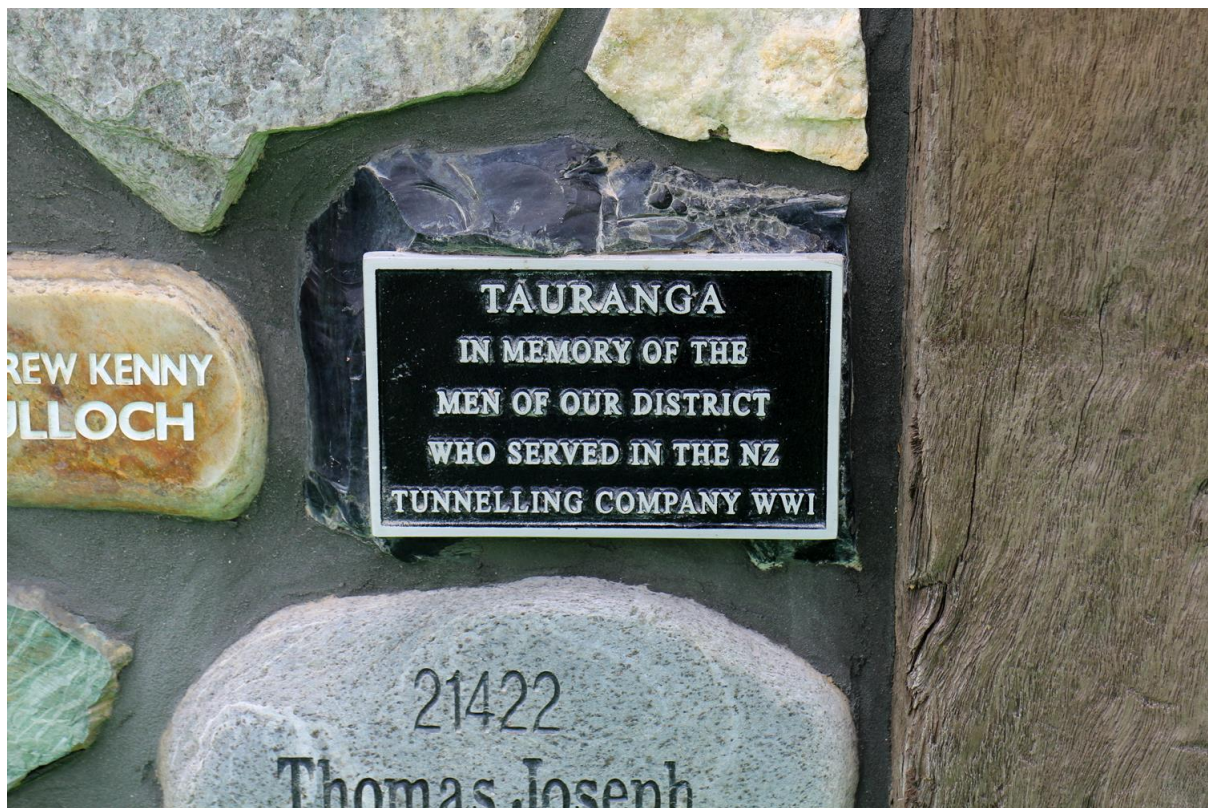
### Memorial Wall construction underway

Construction of the memorial wall has started. Our stonemason Doug Yeoman is hard at work. We have received about 60 stones, rocks and plaques. Doug has provided bricks from Thames High School built in 1880 for the end capping of the wall while Oceana Gold Waihi has provided old mine timbers from Martha No.7 shaft for the portal.



**As the President was unavailable to attend the Waihi Memorial dedication on Friday 22 January 2016: Eric Kristensen was able to represent the 6 Hauraki Association.**











## **COMMITTEE 2015- 2016**

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### **Committee:**

Bob Mankelow	Mike Purcell
Kevin Hayden	Erik Kristensen
Ray Crafts	Janet Crafts
Karen Cross	David Cross
Rueben Kelly	Paul Couch
Tony Brooke	Mike Halliday
Lee Morgan	Charlie Harrison
Mike Myers-Kay	Steve Davis
Boof Richardson	Debbie Davis
Diane Myers-Kay	
Penny Burgess (Welfare Representative)	

### **Area Representatives:**

Auckland:	Paul Couch,
Coromandel:	Russel Skeet
Tauranga:	See Committee
Whakatane	Bazz Porter
Rotorua:	Te Kei Merito
Rotorua:	Dave Galvin
Rotorua:	Mike Purcell
Hamilton:	Stu Foster
Hamilton:	Barry Ngaheu
Te Aroha:	Gordon Eagleson, tel. 07-8846675
Gisborne	Dave Greaves
Linton:	Charlie Harrison
Waiouru:	Mike Halliday

**Museum Curator:** David Cross

This newsletter is compiled by Des Anderson, President, of the 6<sup>th</sup> Battalion (Hauraki) Regimental Association Incorporated. It contains many personal views and comments which may not always be the views of the Association or Committee.

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